

Central East Summary 2024 - 2025

AT A GLANCE

748	Schools in Central East were able to offer Student Nutrition Programs this year.
7959	Volunteers were involved in our programs
38,904	Hours were spent by volunteers to plan, shop prep and more!
375,263	Students had access to Nutrition Programs this year
26,669,005	Nutritious Meals served to students across Central East



YEAR END HIGHLIGHTS

- This year saw the advent of the Canada National School Food program, which resulted in an additional \$1.4 million in funding to our Region.
- This additional funding allowed our schools to ensure programs remained open through June 2025, helped them meet increasing demand and rising food costs
- Schools also benefited from the Healthy Schools Better Ontario Grant
- Thanks to a generous grant from Breakfast Clubs of Canada many schools were able to purchase essential equipment

ABOUT US

Our work ensures that every child can eat, learn, and succeed. We work in partnership with local committees, school boards, public health units, and food procurement partners to develop and implement healthy student nutrition programs in more than 748 schools across Central East Ontario. We give students access to healthy breakfasts, lunches and snacks at school. These meals are available to every student, regardless of need.

We do this by administering funds from the Government of Ontario, foundations, charities, and corporate partners through our administrative lead, Peterborough Child & Family Centres.

“Our school nutrition program brings our staff and students together each morning in a wonderful and positive way, while ensuring everyone is healthy, nourished and ready for their school day. Seeing the conversations taking place between everyone, while enjoying delicious food is such a beautiful way to start our day.”

OUR DONORS

Thank you to all the parents, teachers, administrators and community members who donate their time and resources to make our programs so successful. A special thank you to our generous regional donors for their continued support:

- **Breakfast Clubs of Canada**
- **Grocery Foundation**
- **Egg Farmers of Canada**
- **Dairy Farmers of Canada**
- **Make Happy Tummies**
- **Stacked Pancake House**

To learn more about the work we do or how you can get involved visit our website or scan the QR Code:
www.studentnutritionontario.ca



201 Antrim St., Peterborough | www.studentuntritionontarioce.ca

BENEFITS OF STUDENT NUTRITION PROGRAMS



More access to healthy foods



Improved attendance rates



Fewer negative behaviours



Promote sense of belonging



Improved nutritional awareness



Promote safe and inclusive schools

Northumberland County 2024 - 2025 Summary

AT A GLANCE

40	Schools and education sites in Northumberland County were able to offer Student Nutrition Programs this year.
349	Volunteers were involved in our programs.
414	Hours were spent by volunteers to plan, shop, prep and more!
15,147	Students had access to Nutrition Programs this year.
1,007,025	Nutritious Meals served to students across Northumberland County.

BENEFITS OF STUDENT NUTRITION PROGRAMS



More access to healthy foods



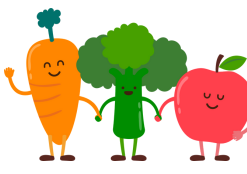
Improved attendance rates



Fewer negative behaviours



Promote sense of belonging



Improved nutritional awareness



Promote safe and inclusive schools

YEAR END HIGHLIGHTS



**Northumberland
Food for Thought**

One of our main goals is to increase the food purchasing power of school programs and support the infrastructure needed to keep programs running. In 2024–25, we accomplished this in a variety of ways:

- 10% discount on food purchases — With support from Peterborough Child & Family Centres, MCCSS funding, community grants, and donations, NFFT provided a 10% discount on all items purchased through the online food ordering platform throughout the school year.
- \$21,343.85 in savings — This discount generated more than \$21,000 in direct savings for Student Nutrition Programs in Northumberland.
- Strengthened infrastructure — MCCSS funding, community grants, and \$100,000 in infrastructure support from the Government of Canada, administered by Northumberland United Way. This support made a significant impact, enabling programs to build capacity and expand their ability to offer a wider variety of healthy food options.

OUR COMMUNITY PARTNERSHIP COMMITTEE

Northumberland Food For Thought (NFFT) is a non-profit community partnership made up of representatives from various sectors, including volunteer, government, corporate, and education. In collaboration with Peterborough Child and Family Centres, the lead agency for Student Nutrition Ontario Central East, we support and strengthen Student Nutrition Programs across Northumberland County. We collaborate with schools, community partners, and volunteers to:

- Promote awareness of the importance of Student Nutrition Programs
- Help identify and support local needs
- Encourage community engagement and partnerships
- Raise funds to help sustain programs
- Assist with resource sharing and local initiatives
- Support schools with equipment purchases
- Help with emergency funding when needed

OUR DONORS

We are deeply grateful to the parents, teachers, administrators, and community members who generously give their time and resources to help our programs thrive. A special thank you to our generous donors for their support:

- Cameco
- Cobourg Rotary
- Kawartha Credit Union
- Northumberland United Way
- Individual Community Donors

OUR PARTNERS

- Lakelands Public Health for in-kind banking services
- Northumberland County Food 4 All for food storage, sorting, & transport
- Peterborough Child & Family Centres, lead agency for SNPs
- Kawartha Pine Ridge District School Board & Peterborough Victoria Northumberland & Clarington Catholic School Board